

# SEXUALITY AND RELATIONSHIPS WORKSHOPS

## for adults with an intellectual disability



In these workshops you will meet other adults with intellectual disability.

Sometimes the women and men will learn together and sometimes separate.



You will learn about

- sexuality and healthy relationships
- getting to know new people
- going on safe dates
- making relationships better



You will also learn about your rights and responsibilities with

- personal boundaries
- touch and consent
- personal privacy and safety
- abusive relationships



You can bring a support worker to help you

But you do not have to.



If you are coming you should come to all 4 workshops.

Come to the 4 workshops closest to where you live.

To be allowed to come you first need to contact SACID and then enrol.

You can call SACID on 8352 4416 and we can help you to enrol.

Flip over this page to see how to enrol and where the workshops will be.



# SEXUALITY AND RELATIONSHIPS WORKSHOPS

## for adults with an intellectual disability

### October 2020

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
12	13	14 ★	15	16
19	20	21 ★	22	23
26	27	28 ★	29	30



### NORTH

#### What Days

1. Wednesday 14<sup>th</sup> October
2. Wednesday 21<sup>st</sup> October
3. Wednesday 28<sup>th</sup> October
4. Wednesday 4<sup>th</sup> November

#### Where

Art Space, The Precinct,  
112 Coventry Rd,  
Smithfield Plains



#### When

10.00 am – 12.30 pm  
arrive 9.30am for a 10.00am  
start

Please eat breakfast before  
you arrive

#### Enrol before

Tuesday 1st October 2020

Call SACID on 8352 4416

### SOUTH

#### What days

1. Thursday 15<sup>th</sup> October
2. Thursday 22<sup>nd</sup> October
3. Thursday 29<sup>th</sup> October
4. Thursday 5<sup>th</sup> November

#### Where

Mitchell Park Neighbourhood  
Centre  
1 Cumbria Court, Mitchell Park



#### When

6.30 pm – 9.00 pm  
arrive 6.00pm for a 6.30pm  
start

Please eat dinner before you  
arrive

#### Enrol before

Tuesday 1st October 2020

Call SACID on 8352 4416

To make enquiries or to enrol, call SACID 8352 4416  
9.00-4.00 weekdays or email [Ralph@sacid.org.au](mailto:Ralph@sacid.org.au).  
Make sure you enrol before the RSVP dates.