



# COVID 19 News

For Friday 20<sup>th</sup> November 2020

There are new rules to help stop COVID 19 from spreading.

The rules might change.

This information is from Friday 20<sup>th</sup> November



This is for people living in South Australia.

## Important things



The rules have changed

You need to stay in your home but only until

- Midnight Saturday 21<sup>st</sup> November



From today you can also

- Go for a walk outside on your own or with people that live in your house



You do not have to wear a mask but it is good if you can



Kids can go back to school on Monday 23<sup>rd</sup> November

The Government have asked people to



- Still work from home if you can



- Wear a mask if you catch public transport or need to be close to other people



- Stand 1.5 metres or at least 2 big steps away from other people



- Wash your hands often



- Get tested for COVID-19 if you feel sick



## Things you can do now



Go to the shops for important things like

- food
- medication

Try to be quick and not touch lots of things



Go for a walk close to your home.

You can walk on your own or with the people you live with.

You cannot meet up with other people that do not live with you.



## Things you can do on Sunday 22<sup>nd</sup> November and after



Have people visit you at home  
but  
only up to 10 people in the house.



Have support workers help you with  
personal care  
but  
remember good hygiene!  
Your support worker must wear a mask.



Go to

- hairdressers
- tattoo places
- nail salon

but  
the people working there must wear a mask.  
They might like you to wear one too.



Go to cafes, pubs and restaurants  
but

- There must be less than 100 people in the shop
- You can only have up to 10 people on your table
- You must sit down to eat and drink



## Things you can do on Sunday 22<sup>nd</sup> November and after



Go to work

- You can go to work if you cannot work from home



Go to school



Go to religious places like church  
but

- There must be less than 100 people in the building



Go to a funeral  
but

- There must be less than 50 people in the building
- Some smaller places might allow less people



## Things you can do on Sunday 22<sup>nd</sup> November and after



Go to a wedding  
but

- the people running the wedding need to write down your details for SA Health
- there must be less than 150 people
- you can not dance
- you must sit down to eat and drink



Go to the gym



Go to the cinema and theatre  
but

- be 1.5 metres or at least 2 big steps away from other people



Go for a walk with friends or family



# COVID-19 Testing

## Very important

Have you been to any of these places?



**Roma Mitchell Secondary College** at Gepps Cross  
on

- Thursday 12<sup>th</sup> November or
- Friday 13<sup>th</sup> November



**Thomas More College** at Salisbury Downs  
on

- Thursday 12<sup>th</sup> November or
- Friday 13<sup>th</sup> November



**Woodville Pizza Bar** at 58 Woodville Road,  
Woodville South

Did you visit or get take away or delivery from  
here any time from

- Friday 6<sup>th</sup> November to
- Monday 16<sup>th</sup> November



**Mawson Lakes School and Preschool**  
on

- Wednesday 11<sup>th</sup> November
- Thursday 12<sup>th</sup> November or
- Friday 13<sup>th</sup> November ?

If you did visit or get food from any of those places

- you

and

- the people you live with must



**1. Stay in your home for 14 days.**

You must not leave the house even for food or medicine

You can call the SA COVID Line on 1800 253 787 if you need help to get the things you need.

You can not have visitors.



**2. You must get a COVID 19 test even if you do not feel sick**

You must wear a mask.

As soon as you get there tell the testing people that you went to the place in the list.



If you have questions  
Call the SA COVID Line on 1800 253 787





# COVID-19 Testing

Have you been to any of these places?



## Lyell McEwin Hospital Emergency Department

- From 5:30pm on Friday 13<sup>th</sup> November
- Until 8am Saturday 14<sup>th</sup> November



## The Aquadome in Elizabeth

- Saturday 14<sup>th</sup> November  
between 11am to 1:30pm



## Mount Carmel College in Rosewater

on

- Thursday 12<sup>th</sup> November
- Friday 13<sup>th</sup> November



## Goodstart Early Learning Child Care Centre at

Parafield Gardens

on

- Friday 13<sup>th</sup> November



**Holy Family Catholic School** at Parafield Gardens  
on

- Friday 13<sup>th</sup> November



**Alive Catholic ELC** at Parafield Gardens  
On

- Friday 13<sup>th</sup> November

If you did visit any of those places you must



**1. Stay in your home for 14 days.**

You must not leave the house even for food or medicine.

You can call the SA COVID Line on 1800 253 787 if you need help to get the things you need.

You can not have visitors.



**2. You must get a COVID 19 test** even if you do not feel sick

You must wear a mask when going to get tested.

As soon as you get there tell the testing people that you went to the place in the list above.



If you have questions

Call the SA COVID Line on 1800 253 787



# COVID-19 Testing

If you feel sick it is important to get a COVID 19 test.

If you feel sick

- Call your doctor, do not visit without calling
- Do not leave your home other than to get a test
- Wear a mask if you can
- Try to stay away from other people

There are lots of places you can get a COVID 19 test.

To find your closest testing place

**Call the SA COVID-19 information Line**

1800 253 787

Or to see a list of testing places [click this link here](#)

## For more information



Call the SA COVID-19 information Line

1800 253 787