



South Australian Council on **Intellectual** Disability

Newsletter April 2021

In this newsletter we will talk about:

- SACID working with families
- Workshops for you in 2021
- Workshops coming to country SA
- Relationship Wise project finished
- Your Service, Your Rights workshops
- Peer Action Crews
- We are hiring! Jobs at SACID
- New SACID website
- Become a SACID Member

Questions? Call SACID on 8352 4416

SACID is working with families

SACID have been speaking to family members and caregivers of people with intellectual disability.

We have been working with families to find out

- What is important to families
- What is easy and what is hard for families
- What do families want more information about
- What topics should SACID run new workshops on

The family members and caregivers told us that SACID should run a new workshop on the topic of Future Proofing and transitions.

Future Proofing means planning for the future.

The workshop will cover information like

- Services that can help you
- Circles of support, advocacy and carer wellbeing
- Supported decision making
- Wills and Guardianship

Want to find out more about workshops for families and caregivers or express your interest in joining a workshop?

Contact laynie@sacid.org.au or call 8352 4416

Questions? Call SACID on 8352 4416

Workshop bookings for 2021

SACID is now taking bookings for group workshops in 2021.

You can book your group in for:
Staying Safe workshop - Free

1 x 2 hour workshop

Teaches people with intellectual disability to Speak Up, Reach Out and Get Help if they are ever feeling unsafe.



Get More Skills workshop - Free

2 x 2 hour workshops for people with intellectual disability

Or 1 x 3 hour workshop for family/caregivers

Learn strategies for NDIS planning, thinking about a good life, using the NDIS to achieve goals and having Choice, Voice and Control.

Intellectual Disability Awareness and Inclusion Workshop

1 x 2 hour workshop – Contact SACID for cost.

Teaches members of the general public about intellectual disability and how to be more inclusive.

All workshops are co-presented by a person with intellectual disability.

SACID can come to you if you have a group of people interested in workshops.

Call 8352 4416 or email admin@sacid.org.au to book.

Questions? Call SACID on 8352 4416

Workshops coming to country SA

SACID work with people all over South Australia including people who live in the country.

We could not travel in 2020 but we can travel again this year!

In the next few months SACID will go to these places to run workshops:

1. Kangaroo Island – May 2021
2. Mount Gambier – June 2021
3. Roxby Downs – July 2021

We will visit more places later in the year too.

If you want us to come to you, please let us know!



SACID staff Sarah and Jill hit the road!

Relationship Wise project finished

From August 2020 to February 2021 SACID ran 25 workshops as part of the Relationship Wise workshop series.

Family members and caregivers learnt about

- Sexuality and disability
- Relationships education
- Puberty
- Boundary setting and protective behaviours



People with intellectual disability learnt about

- Bodies, rights and responsibilities
- First impressions and building relationships
- Healthy relationships and looking after yourself
- Building, managing and ending relationships
- Sexual health

Sometimes talking about these topics makes people feel embarrassed but with more information and knowledge people can make better and safer choices. We loved that we got to answer a lot of important questions.

We will share some of the resources from this workshop on our website for free soon!

Thank you to the SA Government - Department of Human Services who gave us the money to run these workshops.

Your Service, Your Rights workshops

SACID worked with NSW Council for Intellectual Disability (NSW CID) to create workshops and resources that teach people with intellectual disability about the role of the NDIS Quality and Safeguards Commission. This was a pilot project.

People with intellectual disability also learnt about

- The role of the NDIS Quality and Safeguards Commission
- Their rights when getting a service under the NDIS
- What is a good service and what is a bad service
- How to speak up and make a complaint
- Advocacy services and other people that can give support

You have the right to good quality and safe disability services.

If you are not getting good service you can speak up to the NDIS Quality and Safeguards Commission.

The Australian Government gave us money for this project.



You can always speak up if you are not happy with your service.

Call 1800 035 544



**NDIS Quality
and Safeguards
Commission**

Questions? Call SACID on 8352 4416

Peer Action Crews

SACID Peer Action Leaders (PALS) have formed a Peer Action Crew.

Leaders Chloe, Zoe, Anthony and Ruby are finding out more about running peer groups. The Crew is going to add new people soon, so get ready to join us!

The PALS are starting an action project to make a video about ability. Another part of the Crew's work is getting ready to talk to groups in the community about joining a Peer Action Crew.

All PALS want

- better access and inclusion in the community for people with intellectual disability
- to see good communication like Easy Read
- people's rights to be seen and understood, especially at work
- to be known for the abilities they have

That is how we got the 3 areas to focus on - communication, rights and ability!

Hey - if your work or group would like Peer Action Leaders to visit to share about joining a Crew please contact SACID.

For more information or to book a visit from a PAL:

Call SACID on 8352 4416
or email admin@sacid.org.au



Questions? Call SACID on 8352 4416

We are hiring!

Could you be one of the newest members of our SACID team?

Job 1 – Project Officer

Type: Part time (2 days per week)

- Are you a great trainer and group facilitator?
- Would you feel confident delivering capacity building workshops to groups of adults with intellectual disability?
- Would you like to join a passionate team?
- Do you have experience working with adults with intellectual disability?

Find more information on our website

www.sacid.org.au/we-are-hiring/

Apply by Wednesday April 14th 2021 at 5.00pm.



Questions? Call SACID on 8352 4416

We are hiring!

Job 2 – Inclusion Workers

Type: Casual. 3 positions available.

This is a job for a person with intellectual disability in Adelaide.

Are you good at

- speaking up about things that are important to you
- working with other people
- public speaking

This could be the job for you!

If you have not done these things before but are open to learning new things you can apply too.

On our website you will find the

- Easy Read Position Description
- Easy Read Job Application Form

Find out more about the job on our website-
www.sacid.org.au/we-are-hiring/

Or

You can call us to talk about the job on 8352 4416



Apply by Wednesday April 21 2021 at 5.00pm.

Questions? Call SACID on 8352 4416

New website

SACID have a new website.

www.sacid.org.au

Visit the website to find out more about SACID and things you can get involved in.

The website has

- News
- Resources
- Workshop information
- Events ...and more!



The screenshot shows the SACID website homepage. At the top left is the SACID logo (South Australian Council on Intellectual Disability). The navigation menu includes Home, About, Get Involved, Events, News, and Resources. A dark blue button labeled 'CONTACT US' and a search icon are on the right. The main header features a 'WELCOME' message and the full name of the organization. Below this is a notification bar: 'New resources added check it out [HERE](#)'. The central section is titled 'How can we help you today?' and contains three cards: 'Workshops' with a photo of two women and a 'View Workshops' button; 'Peer Action Crews' with a photo of three people and a 'Read More' button; and 'Events' with a photo of a group of people and a 'See Events' button.

Questions? Call SACID on 8352 4416

Become a SACID Member

Do you want to keep up to date with SACID news and events?

Sign up to become a SACID Member today.

Already a Member? Join our Facebook page!

Membership costs:

- FREE for people with intellectual disability, their family and people on concession
- \$20 for individuals with an income
- \$60 for corporate membership

You can be a member by:

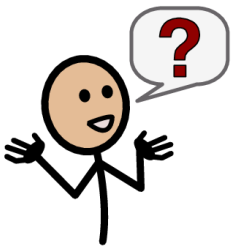
- Filling out the form on our website – www.sacid.org.au/sacid-membership
- Calling us at SACID on 8352 4416



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South Australian Council on **Intellectual** Disability



If you want more information please contact us:



Phone: 08 8352 4416



Email: admin@sacid.org.au



Website: www.sacid.org.au/contact-sacid



Facebook: [@sacid.org.au](https://www.facebook.com/sacid.org.au)

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