

SACID Workshops

Booking Availability



SACID run a number of free workshops for people with intellectual disability and their families.

If you have a group of people interested book with us today!

Staying Safe workshop	
Learn what abuse is and how to Speak Up, Reach Out and Get Help if you ever feel unsafe.	
Time required:	2.5 hours
Numbers:	4 – 15 participants per group (*more by negotiation)
Target audience:	Adults with intellectual disability and their supporters Must be 18 years +
Availability:	Mondays : 10am – 12:30pm or 1pm – 3:30pm Tuesdays : 10am – 12:30pm or 1pm – 3:30pm Wednesdays: 10am – 12:30pm or 1pm – 3:30pm Thursdays: 10am – 12:30pm Fridays: 10am – 12:30pm or 1pm – 3:30pm Evenings by negotiation
Cost:	Free

Get More Skills workshop

Learn tips and tricks for NDIS planning, goal setting and thinking about a good life.

Time required:	2 x 2 hour workshops for adults with intellectual disability Or 1 x 3 hour workshop for family members and caregivers (person with intellectual disability welcome)
Numbers:	4 – 15 participants per group
Target audience:	Adults with intellectual disability and their supporters
Availability:	Mondays : between 10am – 3:30pm Tuesdays : between 10am – 3:30pm Wednesdays: between 10am – 3:30pm Thursdays: 10am – 12:30pm Fridays: between 10am – 3:30pm
Cost:	Free

Strong Mind workshop

Learn resilience skills to build a strong mind, bounce back from hard times and live a happy healthy life. Receive a copy of our Strong Mind Easy Read workbook series.

Time required:	2.5 hours
Numbers:	Up to 30 participants per group
Target audience:	Adults with intellectual disability
Availability:	Mondays : 10am – 12:30pm or 1pm – 3:30pm Tuesdays : 10am – 12:30pm or 1pm – 3:30pm Wednesdays: 10am – 12:30pm or 1pm – 3:30pm Thursdays: 10am – 12:30pm Fridays: 10am – 12:30pm or 1pm – 3:30pm
Cost:	Free

Future Proofing workshop

Helping family members and caregivers plan and prepare for the future. Guided by the group's needs, this workshop covers topics including services that can help you, Circles of Support and Microboards, carer wellbeing and advocacy, Supported Decision Making, wills and guardianship.

Time required:	3 hours
Numbers:	4 – 15 participants per group (*more by negotiation)
Target audience:	Family members and caregivers of people with intellectual disability
Availability:	Daytime and evening workshops available upon request.
Cost:	Free

Intellectual Disability Awareness and Inclusion Workshop

In this workshop we help to improve your understanding of intellectual disability and how you can be inclusive. Co-presented by a person with intellectual disability, it will give you valuable insight and advice from someone with lived experience!

Modified version of this workshop tailored to health professionals is also available.

Time required:	2 hours
Numbers:	Up to 30 participants (*more by negotiation)
Target audience:	General community groups, councils, sporting clubs, allied health professionals, everyone!
Availability:	Daytime and evening workshops available upon request.
Cost:	Fee for service. Contact SACID for more information. Cost varies based on distance travelled, number of participants, out of hours costs and whether you would like content tailored to your group.

Workshop Requirements

Technology

All of our workshops need

- Screen large enough for the group to see (TV or projector)
- Ability to play a Powerpoint presentation
- Speakers or sound system

If the workshop location has technology already set up we can simply plug in a USB or laptop into your system. If you do not have the technology listed above please let us know, we can bring ours along and arrive earlier to set it up.

Attendance information

Please let us know approximate workshop numbers at least 7 days prior to the workshop date so that we can prepare enough workshop materials.

Group organisers must provide us with a list of participants first and last names on the day of the workshop. This ensures we can do appropriate follow up with people if this is required. We are required to report participation numbers to our funders however, names will remain confidential and will never be passed on to a third party.

Please ensure the workshop space is large enough to maintain 1.5 metre social distancing and COVID safe practices. Participant numbers for the space must include any support people and the workshop presenters. Please remind people to not attend the workshop if they are feeling unwell. If SACID staff are running the workshop in your venue and feel COVID safe practices cannot be maintained we have the right to refuse service and re-book with you in a larger venue or with smaller numbers. If we are running the workshop at your venue please provide us with a copy of the venue's COVID safe plan, if SACID are booking an external venue we will organise a copy of the plan from the venue. Please ensure hand sanitizer is available for use.

Informed participation

We ask that all workshop participants are given information about the workshop prior to the day so that they can make an informed choice as to whether they would like to participate. As a human-rights focused organisation we feel it is vital that all participants make an informed decision about their participation - we do not want participants to be surprised by the content they are faced with on the day of the workshop.