



my life
my choices



Decisions are important

Join our workshop series

These workshops are made and run by people with disability

Together we will

- ✓ Chat about why decisions are important
- ✓ Explore decision making
- ✓ Find out about important rights
- ✓ Learn ways to get support to make decisions
- ✓ Get creative on social media

Free

**Online
or
in person**

**Talk to
us about
times and
dates**



About our project

My Life My Choices is a project led by people with disability for people with disability.

Our project is run by the Council for Intellectual Disability and the South Australian Council on Intellectual Disability (SACID).



More information

Contact us to

- Find out more information
- Sign up for the workshops
- Customise a workshop series

Email

Phone

This project is funded under the Australian Government's Information Linkages and Capacity Building program.